

# APPALACHIAN PERFORMING ARTS

## DRESS CODE

\*If you need help finding the proper shoes or attire for class, please contact us - [appalachianperformingarts.staff@gmail.com](mailto:appalachianperformingarts.staff@gmail.com)

Please read requirements listed under “ALL Classes. After reading, please find your specific class(es) listed below.

Dress code is required for all participating students.

Dress code is enforced for safety and learning purposes.

The items listed are required for every class.

Requirements for ALL classes:

- Hair secured back with no flyaways. Long hair must be kept in a braid, bun, or ponytail.
- No denim/jeans.
- No long skirts or dresses.
- No exposed legs- please have leggings, compression pants, or tights.
- No exposed underwear(ladies, please do not worry about bra straps– this is fine).
- No exposed stomachs.
- No movement restricting clothing.
- All apparel must be kept reasonably modest – We are a family friendly studio.
- No obscene text or images. We are a family friendly studio.
- No distracting accessories, jewelry, or anything that will distract from learning time. \*Your instructor may ask you to remove any distracting items.

Other notes:

- We encourage all students to have an “emergency” change of clothes in their dance bag.
- We often have gently loved dancewear for sale at the studio.
- Failure to follow dress code may result in your instructor asking you to change/adjust your outfit, or sit out of class.
- A different set of dress code rules may apply for recital, performances, picture week, etc.
- The same set of dress code rules apply to private sessions.

- We allow new students a 2 week “grace period” to collect the appropriate items needed for class.

### **First Steps**

Dancewear/athletic clothing

Hair secured back

Girls: Pink ballet shoes, leotard, tights

Boys: Black ballet shoes, athletic wear

\*Items like tutus/skirts, hairbows, shirts, etc. may be added to the items listed above.

### **Little Dancers**

Dancewear/athletic clothing

Hair secured back

Girls: Pink ballet shoes, leotard, tights

Boys: Black ballet shoes, athletic clothing

\*Items such as tutus/skirts, shirts, hairbows, etc. may be added to the items listed above.

### **ALL Ballet Classes(Kinderdance, Levels One and Two, pointe/prepointe, adult ballet)**

- Ladies: Leotard and tights, pink ballet shoes.
  - Gentlemen: Form fitting athletic clothing, black ballet shoes
- \*Other items such as skirts, shirts, shorts, sweaters, etc may be added to the items listed above.

\*Pointe/pre pointe students– Please contact your instructor for information on shoes or additional items required for class.

### **ALL Tap Classes(kinderdance, Levels One, Two, and Three)**

- Dancewear/athletic wear
  - Ladies: leotard and tights, black tap shoes
  - Gentleman: form fitting athletic clothing and black tap shoes
- \*Other items such as shorts, skirts, shirts, etc. may be added to the items listed above

### **ALL Jazz Classes(kinderdance, Levels One and Two)**

- Ladies: Leotard and tights, black jazz shoes
- Gentlemen: Form fitting athletic clothing, black jazz shoes

\* other items such as shirts, shorts, skirts, etc may be added to the items listed above.

**ALL Clogging Classes(Kinderdance, levels one, two, three, adult)**

- Athletic clothing/dancewear
- No exposed legs or stomachs
- White clogging shoes(Split soles are preferred but not required)

**Musical Theatre Dance Classes(levels one and two)**

- Dancewear/athletic clothing
  - Ladies: Leotard and tights, black jazz shoes
  - Gentlemen: Form fitting athletic clothing, black jazz shoes
- \*items such as skirts, shirts, shorts, etc may be added to the items listed above

**ALL Hip Hop Classes(Kinderdance, Levels One/Two)**

- Dancewear/athletic clothing
- No exposed stomachs or legs
- Tennis shoes/Jazz Shoes/Hiphop shoes designated to being worn **inside only for studio/dance use.**

**ALL Acro Classes(kinderdance, levels one/two)**

- Ladies: leotard and footless or transition tights
- Gentlemen: Form fitting athletic wear– shirt securely tucked.
- Bare feet– No socks or shoes

**ALL Modern & Contemporary Classes(Levels one and two)**

- Ladies: Leotard and tights
- Gentlemen: Form fitting athletic clothing
- No shoes or socks- bare feet only.

\*Dancewear can be expensive, but it doesn't have to be. If you would like help finding items for dance class, please contact us.